

Jay T. Elliott  
COUNTY JUDGE



FALLS COUNTY COURTHOUSE  
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MARLIN, TEXAS  
76661

Falls County has had its 1<sup>st</sup> case of documented COVID-19. The patient had been in a high incidence area, and immediately self isolated when symptoms occurred and the family also self isolated. The patient is recovering well. This poses no risk to the community of Marlin, or to Falls County.

In order to maintain the highest level of protection for our citizens the following actions are strongly recommended:

1. Wash hands frequently for 20-30 seconds using soap and water.
2. Or use hand gel for the same amount of time.
3. Do not touch your face, eyes, nose or mouth.
4. Use hand sanitizer after using shopping cart in stores, gas pumps, etc.
5. As much as possible avoid areas with high numbers of people and limit personal contact such as shaking hands and hugging.
6. If you have fever, cough, aching and other flu like symptoms, **DO NOT** go to the hospital or clinic. Call and get instructions on how to be seen and receive care without putting others at risk.
7. Visitors in hospital, nursing homes, emergency rooms, and waiting rooms are being kept to an absolute minimum to limit spread.
8. Testing is available at the hospital – but Dr. Fedro – Chief of Staff – has used the CDC protocol for testing. Testing is limited strictly to (1) patients with known intimate contact with some one who has tested positive case and who are symptomatic; (2) patients with exposure overseas or in high incidence areas, who are symptomatic; and, (3) patients who are being admitted to the hospital with symptoms of COVID-19.
9. If you have mild symptoms of fever, cough, and general flu symptoms but are not severely short of breath you should assume that you are infected and immediately self isolate with mask to protect family and friends. Family members should self quarantine for 14 days after your symptoms are gone.
10. Before you get ill the following should be what you have on hand, toilet paper is NOT needed in large amounts:
  - a. Tylenol (first choice) and Ibuprofen for fever, aches and pains
  - b. Cough medicine and meds like theraflue and mucinex
  - c. Klenix to use and dispose of after use
  - d. Hand cleaning gel
11. We will certainly have more cases as time goes on, but following guidelines will help prevent this from becoming a severe life threatening situation for our County.

A handwritten signature in blue ink that reads "Jay T. Elliott".

Jay T Elliott  
County Judge

3-23-2020